



Family Education
& Support Services

PARENTING AND FAMILY VALUES

ONCE A WEEK | 2-HOUR

To Register: Call (360)754-7629 or online at Familyess.org

LIVE via ZOOM webinar

Questions? (360)754-7629

CLASS DESCRIPTION

This **14-week class** evidence-based class for parents uses Moral Reconciliation Therapy (MRT) Curriculum, supplemented with discussion and presentations. It is designed to address past parenting behaviors, present family interactions, and assist parent in planning for a healthy family future.

**UPON COMPLETION OF THIS CLASS YOU WILL RECEIVE
A CERTIFICATE OF COMPLETION.**

This 2-hour class has an open enrollment allowing participants to enter and exit as they work through the material. Please call for class dates and times or check the “Classes Tab” on Familyess.org!

TOPICS INCLUDE

- Realistic Family Expectations
- Anger Management
- Managing Family Stress
- The Long-term Impact of Parental Conflict on Children
- Healthy Child Development
- Setting limits with Children
- Family Communication
- Discipline & Guidance
- Early Brain Development
- And More...

Family Education & Support Services is an equal opportunity employer and service provider and does not discriminate.

MRT0721

REGISTRATION INFORMATION

Please contact us for class fee. Family Education & Support Services is a contracted provider of parenting classes with Washington State. **Children's Services Provider #98151**

In partnership with South Puget Sound Community College, details will be discussed at orientation for receiving one (1) college credit for this class.

To register for class call **(360)754-7629**, toll free **1(877)813-2828** or online at **FAMILYESS.ORG**.

Every effort will be made to locate an interpreter for non-English speaking participants. Washington Relay Service for Hearing and Speech Impaired (ONLY) 1(800)833-6388.

ADDITIONAL INFORMATION

All participants who register will be screened for restraining orders to avoid conflicts in attendance.

The Seminar fee may be discounted for those whose incomes can be verified to fall below poverty guidelines. Examples of income verification are: paycheck stubs and Washington State Financial Assistance documents.

Family Education & Support Services is an equal opportunity services provider and does not discriminate on the basis of race, color, religion, national origin, age, marital status, sexual orientation, or disability.

This program is made available to our to our community through grants and individual donations.

